



# GLUTEN FRIENDLY MENU

De Lazy Lizard makes all reasonable efforts to prevent allergen issues through close attention during our sourcing, preparation & handling processes. Items marked Gluten-Free are inherently free of gluten in their ingredients; but due to kitchen and volume constraints, cannot be prepared, grilled, sautéed, or fried in a separate environment to eliminate all chances of gluten contamination. Those with severe and life-threatening allergies should use their discretion and take extra precaution.

**ALL FRIED ITEMS INCLUDING CHIPS AND FRIES ARE FRIED IN THE SAME OIL AS ITEMS CONTAINING GLUTEN AND SHELLFISH**

## STARTERS

### CRAB DIP

Classic creamy blend of crab & seasonings topped with melted cheddar, diced tomatoes & scallions, served with celery \$13.99

**FRIES** Basket to share \$6.99

### BOATHOUSE FRIES

Smothered with crab dip & melted cheddar topped with scallions & tomatoes \$13.99

### CHEESE NACHOS

add grilled/blackened chicken \$6.99

Scallions, jalapeños, pico de gallo, refried beans, sour cream, cheddar & monterey jack \$11.99

### MD QUESO CHIPS + DIP

Tortilla chips & old bay cheese sauce \$10.99

### CARIBBEAN AHI TUNA\* (Available 5-10)

Island spiced, grilled medium-rare with mango salsa & spicy aioli \$14.99

### STEAMED SHRIMP & ONIONS

Old Bay seasoned with cocktail sauce

Half Pound \$10.99 • Full Pound \$19.99

Add steamed vegetables \$4.99

### WHITE WINE GARLIC MUSSELS

Steamed with roasted peppers & scallions \$12.99

**8 WINGS** Choose your flavor! \$11.99

Extra dressing, celery or sauce \$.99

**Old Bay Buttered • BBQ** Served with ranch & celery

**Buffalo** Served with bleu cheese & celery

## SALADS

Lightly drizzled with dressing & an extra on the side

**DRESSINGS:** Bleu Cheese, Caesar, Ranch, Creamy Balsamic & Honey Mustard

**SALAD TOPPERS:**

Chicken: grilled • blackened \$6.99

Tuna\*: grilled • blackened • jerk \$8.99

8oz Salmon: grilled • blackened \$11.99

Filet skewer\* \$12.99

Shrimp salad \$10.99 • Jumbo lump crab \$3.99

### GARDEN

Lettuce blend, bell peppers, tomatoes, cucumbers, onions & choice of dressing Gecko \$7.99 • Komodo \$9.99

### CAESAR

Fresh romaine & romano cheese

tossed with caesar Gecko \$7.99 • Komodo \$9.99

### CHAMELEON

Lettuce blend, crumbled bacon, hardboiled egg, tomatoes, cucumbers, onions, cheddar, monterey jack & choice of dressing \$12.99

### CHAR-GRILLED ROMAINE

Charred on the grill, topped with fresh mozzarella, tomatoes & creamy balsamic \$12.99

### BUFFALO CHICKEN

Grilled chicken tossed in buffalo sauce over lettuce blend with crumbled bleu, tomatoes, cucumbers, onions & bleu cheese dressing \$16.99

### DE STEAK SALAD\*

Filet, onion & tri-colored pepper skewer, mixed greens, pineapple, cucumbers, tomatoes, crumbled bleu, tangy chula sauce & ranch \$19.99

## 100% ANGUS BURGERS\*

Served without the kaiser roll & accompanied by house-made chips or creamy balsamic mixed greens.

Substitute gluten-free roll \$2.99

Substitute fries or vegetable du jour \$2.99

### BACON CHEESEBURGER

American cheese & applewood smoked bacon \$13.99

### BOATHOUSE

Topped with crab dip & melted cheddar \$15.99

### JUJU CAJUN

Blackened with mango salsa, jalapeños, monterey jack & spicy aioli \$14.99

### BLACK 'N' BLEU

Cajun-spiced, sautéed onions & crumbled bleu \$14.99

**MUSHROOM + SWISS** \$12.99

### B.Y.O. BURGER\*/CHICKEN \$10.99

- Lettuce, tomato or raw onion
- Cheese: American, cheddar, monterey jack or swiss \$.99
- crumbled bleu or fresh mozzarella \$1.99
- Blackening, sautéed onions, sautéed mushrooms, pico de gallo, jalapeños, spicy aioli, salsa verde, ranch or mango salsa \$.99
- Bacon or roasted red peppers \$1.99
- Crab dip, fresh jumbo lump crab or avocado \$3.99

## CHICKEN SANDWICHES

Served without the kaiser roll & accompanied by house-made chips or creamy balsamic mixed greens.

Substitute gluten-free roll \$2.99

Substitute fries or vegetable du jour \$2.99

### MOJO CAJUN

Blackened with mango salsa, jalapeños, monterey jack & spicy aioli \$14.99

### CHESAPEAKE

Topped with crab dip & melted cheddar \$15.99

### BACON RANCH CLUB

Topped with bacon, ranch & swiss \$13.99

**CHEDDAR + BACON** \$13.99

**ALL FRIED ITEMS INCLUDING CHIPS AND FRIES ARE FRIED IN THE SAME OIL AS ITEMS CONTAINING GLUTEN AND SHELLFISH**

\*Consuming raw or under cooked meats may increase your risk of contracting a food borne illness, especially if you have certain medical conditions

## LAZY FAVORITES

Served without the kaiser roll & accompanied by house-made chips or creamy balsamic mixed greens.

Substitute gluten-free roll \$2.99

Substitute fries or vegetable du jour \$2.99

### TIKI TUNA SANDWICH\*

Island spiced & grilled medium-rare with onion, spicy aioli & mango salsa \$17.99

## ENTREES

### FILET SKEWER\*

Filet, onion & tri-colored pepper skewer with pineapple & caribbean steak sauce over smashed red bliss potatoes \$19.99

### CAPTAINS CHICKEN

Two grilled breasts topped with crab dip, cheddar & diced tomatoes served atop smashed red bliss potatoes

Gecko (1) \$16.99 • Komodo (2) \$22.99

### DOCKSIDE DUO\*

Grilled chicken breast topped with crab dip, cheddar & tomatoes with filet skewer served over smashed red bliss potatoes \$29.99

### GRILLED CHICKEN

Two grilled breasts served with choice of two sides: *fries, smashed red bliss potatoes, house-made chips, or vegetable du jour* \$19.99

## SIDES

Smashed Red Bliss Potatoes

Steamed Vegetable Medley

Fries (FRIED IN THE SAME OIL AS PRODUCTS CONTAINING GLUTEN)

Chips (FRIED IN THE SAME OIL AS PRODUCTS CONTAINING GLUTEN)

Apple Slices

## DESSERTS

Chocolate/Vanilla/Strawberry or Blue Cotton Candy Milkshakes with whipped cream

## KIDS MENU

**HOT DOG** (no bun)

**BURGER/CHEESEBURGER** (no bun)

**KIDS CHICKEN SANDWICH** (no bun) \$8.99

Add cheese \$.99



**SPICY ITEMS**

Please check with your server, we won't eat your food because you can't!



# ALLERGEN LIST

Expanded allergen menu available for your convenience, however we cannot guarantee allergens may not have been introduced during another stage of the food chain process or, even inadvertently, during preparation. Those with severe and life-threatening allergies should use their discretion and take extra precaution.

**ALL FRIED ITEMS INCLUDING CHIPS AND FRIES ARE FRIED IN THE SAME OIL AS ITEMS CONTAINING GLUTEN AND SHELLFISH**

Item	Gluten	Dairy	Shellfish	Egg	Soy	Nuts
<b>APPETIZERS</b>						
BOATHOUSE FRIES		X	X	X	X	
CARIBBEAN AHI TUNA	X			X	X	
CHICKEN TENDERS	X	X		X	X	
CRAB DIP	X	X	X	X	X	
FRIES					X	
LIZARD LOGS	X	X		X	X	
MD QUESO CHIPS & DIP		X			X	
STEAMED SHRIMP			X			
WHITE WINE GARLIC MUSSELS	X	X	X		X	
WINGS		X		X	X	
<b>NACHOS</b>						
CHEESE		X			X	
PORK	X	X			X	
SEAFOOD	X	X	X		X	
<b>SOUPS</b>						
CREAM OF CRAB	X	X	X		X	
MARYLAND CRAB	X		X		X	
<b>SALADS</b>						
BUFFALO CHICKEN	X	X		X	X	
CAESAR	X	X		X	X	
CHAMELEON	X	X		X	X	
CHAR-GRILLED ROMAINE		X		X	X	
CRISPY COBB	X	X		X	X	
DE STEAK SALAD		X		X	X	
GARDEN	X	X				
<b>SALAD DRESSINGS</b>						
BLEU CHEESE		X		X	X	
CAESAR		X		X	X	
CHULA		X		X	X	
CREAMY BALSAMIC				X	X	
HONEY MUSTARD				X	X	
RANCH		X		X	X	
<b>TACOS</b>						
BATTERED FISH	X	X		X	X	
BLACKENED FISH	X				X	
CRISPY AVOCADO	X	X		X	X	
PULLED PORK	X				X	
GRINGO STYLE	X	X		X	X	
BAJA STYLE	X				X	
<b>BURGERS</b>						
BACON CHEESE	X	X			X	
BLACK N BLEU	X	X			X	
BOATHOUSE	X	X	X	X	X	
JUJU CAJUN	X	X		X	X	
MUSHROOM SWISS	X	X			X	
<b>CHICKEN SANDWICHES</b>						
BACON RANCH CLUB	X	X		X	X	
CHEDDAR BACON	X	X			X	
CHESAPEAKE	X	X	X	X	X	
MOJO CAJUN	X	X		X	X	

Item	Gluten	Dairy	Shellfish	Egg	Soy	Nuts
<b>PANINI PRESSED WRAPS</b>						
CHICKEN CAESAR	X	X		X	X	
HONEY DO	X	X		X	X	
MANGO TUNA	X			X	X	
SALMON AVOCADO	X			X	X	
SHRIMP SALAD	X		X	X	X	
<b>LAZY FAVORITES</b>						
CRAB CAKE SANDWICH	X		X	X	X	
PULLED PORK BBQ SANDWICH	X				X	
SHOREBILLY GRILLED CHEESE	X	X	X	X	X	
TIKI TUNA SANDWICH	X			X	X	
VEGGIE SANDWICH	X			X	X	
<b>ENTREES</b>						
BIG ISLAND TUNA	X			X	X	
CAPTAIN'S CHICKEN	X	X	X	X	X	
CHULA CHICKEN STACK	X	X		X	X	
CRAB CAKE	X	X	X	X	X	
DOCKSIDE DUO	X	X	X	X	X	
FILET & CAKE	X	X	X	X	X	
FILET SKEWER	X	X		X	X	
FISH & CHIPS	X	X		X	X	
PACIFIC GLAZED SALMON	X	X		X	X	
TROPICAL TRIO	X	X	X	X	X	
<b>SIDES</b>						
APPLE SLICES						
FRIES					X	
HOUSE-MADE CHIPS		X			X	
RICE PILAF	X	X		X	X	
SMASHED RED BLISS POTATOES		X				
VEGETABLE MEDLEY					X	
<b>DESSERTS</b>						
ALL DESSERTS	X	X		X	X	
<b>KIDS MENU</b>						
CHICKEN SOFT TACOS	X	X			X	
GRILLED CHEESE	X	X			X	
HOT DOG	X	X		X	X	
KIDS CHEESEBURGER	X	X			X	
KIDS CHICKEN SANDWICH	X	X			X	
NUGGETS	X	X		X	X	
<b>OFF-MENU</b>						
BLACKENED TUNA SANDWICH	X				X	
GRILLED TUNA SANDWICH	X				X	
SHRIMP SALAD/KAISER	X		X	X	X	
<b>SAUCES</b>						
BBQ						
BUFFALO					X	
CARIBBEAN STEAK SAUCE	X				X	
DILL AIOLI				X	X	
SALSAS (MANGO, PICO, VERDE)						
SEAFOOD ALFREDO	X	X	X			
SOUR CREAM		X				
SPICY LIZARD	X				X	
SPICY AIOLI				X	X	
THAI CHILI GLAZE						

X Indicates Item Contains This Allergen  
 Items marked to contain gluten refer to the regular dine in menu  
 Gluten-Friendly options are modified